

PITU Health Department 2014 Accomplishments

- The Health Department has brought in \$1,878,500 of new funding resources to the Tribe in 2 years, of these funds, \$1,849,166 are recurring every two years as long as HRSA grant conditions are met and there is no change in bi-partisan support to Community Health Center funding by Congress.
- HRSA grant:
 - ~Participated and obtained a high score on the HRSA Technical Assistance Review.
 - ~Year 1 funds received approximately \$777,083 – anticipate \$772,667 for year 2 for a total of \$1,549,975 in 9/1/13 to 10/31/15 project period.
 - ~ Applied for and received an additional \$187,000 of recurring funds to expand primary and behavioral care services.
 - ~Applied for and received an additional \$59,000 (of which \$54k is recurring) to support and expand Outreach and Enrollment. An additional part-time position is scheduled to be based in Kanosh.
 - ~Able to hire a Behavioral Health Contractor to provide services in all Band areas.
 - ~Held an Open House at the Kanosh Community Health Center along with a mini-Health Fair.
 - ~Purchased 1 acre of prime land in Richfield for future Health Center to be built.

- Participated in the Indian Health Service’s Improving Care Initiative (IPC 5) and received \$14,000 of project support.
- Obtained \$14,750 from the Association for Utah Community Health to develop an immunization quality improvement plan.
- An additional \$6,000 was received from the Association for Utah Community Health to support the Immunization program and travel to the Institute for Healthcare Improvement Conference in Florida.
- Successfully responded to 12 consumer concerns
- Tribal Council members and key Health Management staff attended the Association for Utah Community Health Primary Care Conference in May and the Northwest Primary Care Conference in Denver in October. Both conferences addressed opportunities to learn about HRSA and network with other Health Centers,
- Tribal Council members, Tribal Chair and Health Director attended the 2014 Tribal Self-Governance Consultation Conference, “Self-Governance: Nations with Choices and Voices”, to learn about learn about current and emerging issues across Indian country. This included policies, legislative and budget issues.

- Health Director was invited to present on National HRSA Webinar – “Navigating the Health Center Program: An Introduction for Alaska Native and American Indian Communities”.
- Successfully held a Health Fair at the Koosharem Community Health Center.
- Coordinated and helped facilitate monthly Health Committee meetings.
- Developed and distributed quarterly Newsletter to enhance communication between the Health Department and our stakeholders.
- Coordinated and participated in the Tribe’s Mission and Vision planning workgroup in April 2014.
 - Co-facilitate monthly Tribal Emergency Response meetings and re-directed financial resources to continue expansion of this program.
 - Requested and received \$3,950 from the State to replace emergency communications equipment damaged by the snow storm.
 - Outreach and Enrollment Specialist assisted in person or over the phone to 410 individuals, submitted 42 applications to the Health Insurance Marketplace or to the State Medicaid agency, and enrolled 34 individuals.
 - The Tribe’s Dentist served 134 patients, provided 13 consultations/second opinion reviews, and performed 158 procedures such as cleanings, perio, fillings and extractions.
 - Reviewed and approved dental treatment plans for 134 tribal members.
- Lifestyle Coach developed the following:
 - ❖ Developed Paiute Fit in Cedar and Shivwits – Three classes offered in each site per week, Shivwits has an average of 11 participants and Cedar with an average of 10 participants at each session.
 - ❖ Walking programs established in Kanosh with 11 participates and a total of 40 lbs. of weight loss in 8 weeks.
 - ❖ Created monthly Youth Nutrition Workshops for the Drug Elimination program in Indian Peaks and Shivwits - average of 8 youth per session.
 - ❖ Created monthly Nutrition workshops in the Cedar, Kanosh and Shivwits area. Cedar with an average of 10 participants, Kanosh with an average of 5 participants, and Shivwits with an average of 3 participants per session.
 - ❖ Created a Family Fun Weekend in Cedar City area a total of 50 Tribal members participated.
 - ❖ Developed Zumba classes for Cedar and Shivwits, held three times per week, with 45 and 8 participants per session respectively .
 - ❖ Supported establishment of Youth Wellness activities in the Cedar area with approximately 35-55 youth per weekly session.
 - Taught monthly nutrition classes and provided incentives for kids.

- ❖ Created health information boards located in each clinic to provide patient education/outreach.
 - ❖ Coordinated Native Youth Fit Camp overnight camp that taught the youth about being physically active and healthy eating habits - 46 youth attended.
 - ❖ Coordinated a 5K Powwow walk/run in Cedar with a total of 44 participates.
 - ❖ Health Fair in Richfield with approximately 146 participates and approximately 76 individuals screened (Ht, Wt, BMI, BP, BS)
 - ❖ Open House in Kanosh to celebrate the new Community Health Center
 - ❖ Wellness Challenge for Shivwits Area- 11 participates
 - ❖ Winning for Weight Loss in Cedar area- 32 participates and a total of 58.2 lb weight loss
 - ❖ Swimming Program- Teamed up with four different pools, one in each area. Richfield has a total of 15 uses, Kanosh has a total of 47 uses, Sand hollow has a total of 212 uses and Cedar has a total of 1800 uses
 - ❖ One-on-one Lifestyle Coaching total of 20 individuals
 - ❖ Obese Body Mass Index 30.0 or above went down 4%
 - ❖ A1c 11.0 or higher decreased by 2%
 - ❖ Cholesterol greater than 160mg/dl went down 5%
- Successfully met all requirement measures for electronic health records and received Meaningful Use funds for years 1 and 3.
 - The Clinics served 1,733 patients and had 15,148 patient encounters.
 - Provided flu season outreach by providing health education and flu shots to PITU staff and those needing home visits.
 - The Case Management Coordinator/Community Health Nurse saw a total of 196 individual patients which accounted for 1,300 visits.
 - The CHR's provided 498 Home visits and 202 transports.
 - Provided 80 individuals with CPR and first aid training
 - Contracted with Behavioral Health Services of Utah (BHAU) to expand counseling services – BHAU provided the following:
 - ◆28 Mental Health/Substance Abuse Assessments
 - ◆54 Mental Health/Substance Abuse Screenings
 - ◆48 Clients with a treatment plan
 - ◆88 received Case Management services
 - ◆85 Referred to other specialty care
 - ◆34 Referred to BHAU
 - ◆29 received continuing care
 - ◆Participated in two interdisciplinary team meetings
 - ◆Participated in the Kanosh Open House and Richfield Health Fair

Developed and implemented the following policies:

- ❖ After Hours Coverage Policy
- ❖ Purchased Referred Care Policy and Procedures
- ❖ Credentialing and Privileging of Providers Policy
- ❖ Medical Staff Credentialing and Privileging Committee Policy
- ❖ Quality Assurance and Improvement Plan/Policy
- ❖ Hearing Aid Policy
- ❖ Health Department Policy & Procedure Development and Approval Policy
- ❖ Clinic Cardiopulmonary Resuscitation Code Blue Policy
- ❖ Discount Fee Policy